

## PSHE 2023-25 Long Term Plan - Acorns and Brailes

Cycle A 2024-2025

Y1/2 No Outsiders Cycle A - 1 each half term	Y3/4 No Outsiders Cycle A	Y5/6 No Outsiders Cycle A
<b>No Outsiders</b> Elmer Ten Little Pirates My Grandpa is Amazing The Odd Egg The First Slodge	<b>No Outsiders</b> Oliver Our House Two Monsters Red The Flower	<b>No Outsiders</b> Where the poppies grow now How to heal a broken wing The artist who painted a blue horse Love you forever Dreams of Freedom

Online safety and Sustainability threaded through topics through the year for each class.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Reception and Nursery</b>	PSED Curriculum No Outsiders x 5 Proactive Behaviours <b>Identity, society and equality</b> Democracy Rules Cornerstones EYFS <a href="https://maestro.cornerstoneseducation.co.uk/library/1098">https://maestro.cornerstoneseducation.co.uk/library/1098</a> First Aid Reception Moodmeter vocabulary: <b>frightened angry happy excited sad tired calm loving</b>					
<b>Year 1/ Year 2</b>	<b>Class Charter</b> <b>Identity, society and equality</b> Democracy Rules Cornerstones Year 2 <a href="https://maestro.cornerstoneseducation.co.uk/library/1098">https://maestro.cornerstoneseducation.co.uk/library/1098</a> Black History month 1x No Outsiders	<b>Protective Behaviours</b> Anti bullying Week 1x No Outsiders	<b>Mental Health and emotional well being</b> Feelings Place2be Mental Health Week Online Safety Week 1x No Outsiders	<b>Drug, alcohol and tobacco education</b> What do we put into and onto our bodies? 1x No Outsiders	<b>Careers, financial capability and economic well being</b> My Money 1x No Outsiders	<b>Relationships and Sex Education</b> First Aid Transition
Y1/2 Moodmeter vocab	<b>worried anxious joyful pleased lonely disappointed cosy peaceful</b>					
<b>Year 3/ Year 4</b>	<b>Class Charter</b> <b>Identity, society and equality</b> Democracy Rules Cornerstones Year 4 <a href="https://maestro.cornerstoneseducation.co.uk/library/1098">https://maestro.cornerstoneseducation.co.uk/library/1098</a> Black History	<b>Protective Behaviours</b> Anti bullying Week 1x No Outsiders	<b>Mental Health and emotional well being</b> Strengths and challenges Place2be Mental Health Week Online Safety Week 1x No Outsiders	<b>Physical health and well being</b> What helps me choose? 1x No Outsiders	<b>Careers, financial capability and economic well being</b> Saving, spending and budgeting 1x No Outsiders	<b>Relationships and Sex Education</b> First Aid Transition

	month 1x No Outsiders					
Y3/4 Moodmeter vocab	frustrated panicked proud enthusiastic disgusted glum secure carefree					
<b>Year 5/ Year 6</b>	<b>Class Charter</b> <b>Identity, society and equality</b> <b>Democracy Rules</b> <b>Cornerstones</b> <b>Year 6</b> <a href="https://maestro.cornerstoneseducation.co.uk/library/1098">https://maestro.cornerstoneseducation.co.uk/library/1098</a> <b>Black History</b> <b>month</b> 1x No Outsiders	<b>Protective Behaviours</b> Anti bullying Week 1x No Outsiders  Y5 Bikeability	<b>Mental Health and emotional well being</b> Place2be Mental Health Week Online Safety Week 1x No Outsiders  Magistrates - rule of law workshop	<b>Physical health and well being</b> <b>In the media</b> <b>Drug, alcohol and tobacco education</b> <b>Different Influences</b> 1x No Outsiders	<b>Careers, financial capability and economic well being</b> Borrowing and earning money  1x No Outsiders	<b>Relationships and Sex Education</b>  First Aid  Transition
Y5/6 Moodmeter vocab	irritated enraged curious motivated pessimistic apathetic balanced serene					

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### Cycle B 2023-24

Y1/2 No Outsiders Cycle B	Y3/4 No Outsiders Cycle B	Y5/6 No Outsiders Cycle B
<b>No Outsiders</b> Max the Champion My world.Your world The Great big book of families Just because Blown Away	<b>No Outsiders</b> Beegu The Hueys in the new jumper The Way back home King and King Dogs don't do ballet	<b>No Outsiders</b> Rose Blanche Tango makes three The Whisperer The Island My Princess Boy

Online safety and Sustainability threaded through topics through the year for each class.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Reception and Nursery</b>	PSED Curriculum No Outsiders x 5 Protective Behaviours      Place2Be Children's Mental Health Week <b>Identity, society and equality</b> <b>Democracy Rules</b> <b>Cornerstones</b> <b>EYFS</b> <a href="https://maestro.cornerstoneseducation.co.uk/library/1098">https://maestro.cornerstoneseducation.co.uk/library/1098</a> Reception moodmeter vocab <b>frightened angry happy excited sad tired calm loving</b>					
<b>Year 1/ Year 2</b>	<b>Class Charter</b> <b>Identity, society and</b>	<b>Protective Behaviours</b>	<b>Mental Health and emotional well being</b>	<b>Keeping safe and managing risk</b>	<b>Physical health and well being</b>	<b>Relationships and Sex</b>

	<b>equality</b> <b>Democracy Rules</b> <b>Cornerstones</b> <b>Year 1</b> <a href="https://maestro.cornerstoneseducation.co.uk/library/1098">https://maestro.cornerstoneseducation.co.uk/library/1098</a> Black History month 1x No Outsiders 1x moodmeter	Anti bullying Week 1x No Outsiders 1x moodmeter	Place2be Mental Health Week Online Safety Week 1x No Outsiders 1x moodmeter	<b>Indoors and Outdoors</b> <b>Drug, alcohol and tobacco education</b> <b>Medicines and Me</b> 1x No Outsiders Moodmeter retrieval	<b>What keeps me healthy?</b> 1x No Outsiders Race4Life Moodmeter retrieval	<b>Education</b> Food and Nutrition Transition
Y1/2 Moodmeter vocab	<b>shocked</b> <b>annoyed</b> <b>surprised</b> <b>hopeful</b> <b>bored</b> <b>miserable</b> <b>relaxed</b> <b>grateful</b>					
Year 3/ Year 4	<b>Class Charter</b> <b>Identity, society and equality</b> <b>Democracy Rules</b> <b>Cornerstones</b> <b>Year 3</b> <a href="https://maestro.cornerstoneseducation.co.uk/library/1098">https://maestro.cornerstoneseducation.co.uk/library/1098</a> Black History month 1x No Outsiders - The Hueys in the new jumper 1x moodmeter	<b>Protective Behaviours</b> Anti bullying Week 1x No Outsiders Dogs don't do ballet 1x moodmeter	<b>Mental Health and emotional well being</b> Place2be Mental Health Week Online Safety Week 1x No Outsiders Beegu 1x moodmeter	<b>Keeping safe and managing risk</b> <b>Playing Safe</b> 1x No Outsiders The way back home Moodmeter retrieval	<b>Physical health and well being</b> <b>What is important to me?</b> 1x No Outsiders King and King Race4Life Moodmeter retrieval	<b>Relationships and Sex Education</b> Food and Nutrition (Linked with Owls science) Transition
Y3/4 Moodmeter vocab	<b>restless</b> <b>tense</b> <b>focused</b> <b>courageous</b> <b>exhausted</b> <b>drained</b> <b>content</b> <b>fulfilled</b>					
Year 5/ Year 6	<b>Class Charter</b> <b>Identity, society and equality</b> <b>Democracy Rules</b> <b>Cornerstones</b> <b>Year 5</b> <a href="https://maestro.cornerstoneseducation.co.uk/library/1098">https://maestro.cornerstoneseducation.co.uk/library/1098</a> Black History month 1x No Outsiders The Whisperer 1x moodmeter	<b>Protective Behaviours</b> Anti bullying Week 1x No Outsiders Rose Blanche 1x moodmeter Y5 Bikeability	<b>Mental Health and emotional well being</b> <b>Healthy Minds</b> Place2be Mental Health Week Online Safety Week 1x No Outsiders Tango makes 3 1x moodmeter	<b>Keeping safe and managing risk</b> <b>Keeping safe - out and about</b> <b>Drug, alcohol and tobacco education</b> <b>Weighing up risk</b> 1x No Outsiders My Princess Boy Moodmeter retrieval	<b>Physical health and well being</b> (linked with science circulatory system) 1x No Outsiders The Island Race4Life Moodmeter retrieval	<b>Relationships and Sex Education</b> Food and Nutrition (Linked with Badgers Science) Transition
Y5/6	<b>livid</b> <b>repulsed</b> <b>optimistic</b> <b>exhilarated</b> <b>despondent</b> <b>morose</b> <b>complacent</b> <b>mellow</b>					

Moodmeter vocab	
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