

PE Long Term Plan

ON	SIDE
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STAFF

Cycle A - 2024-25

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
SQUIRRELS CLASS N/R	Working with Others	Movement Development	Fitness	Throwing & Catching	Ball Skills	Fun & Games
RABBITS CLASS Y1/2	Handball Gymnastics 1	Hockey 1 Dance 2	Dodgeball Fitness 1	Basketball Hockey 2	Athletics Cricket	Athletics 1 Orienteering
OWLS CLASS Y3/4	Handball Dance/Swimming	Hockey 3 Dance /Swimming	Dodgeball Fitness 1	Gymnastics 3 Basketball	Athletics Cricket	Athletics 3 Orienteering
BADGERS CLASS Y5/6	Handball Fitness 1/Cross country (+Y5/6 catch up swimming)	Hockey 5 Dance 2	Dodgeball Fitness 1	Gymnastics 5 Basketball	Athletics Cricket	Athletics 5 Orienteering

Swimming for 8 weeks in the Autumn term, an hour a week

Cycle B- 2025-26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
SQUIRRELS CLASS N/R	Me and Myself	Movement Development	Fitness	Throwing & Catching	Ball Skills	Fun & Games
RABBITS CLASS Y1/2	Football Netball	Netball Gymnastics 2	Dodgeball Dance 1	Tag Rugby 2 Fitness	Volleyball Tennis	Athletics 2 Rounders 1
OWLS CLASS Y3/4	Football Netball	Netball Gymnastics 4	Dodgeball Dance 4	Tag Rugby Fitness 4	Volleyball Tennis	Athletics 4 Rounders 3
BADGERS CLASS Y5/6	Football Netball	Netball Gymnastics 6	Dodgeball Dance 6	Tag Rugby Fitness 6	plf/Volleyball Tennis	Athletics 6 Rounders 5